From 9am-11am:
Language (Vadatu Sanskritam): The session was jointly coordinated by Mr. Ashutosh Mishra, Assistant Professor, Dept. of Sanskrit Samhita Siddhant, S.N.K.D. Trust’s Nallasopara Ayurved medical College, Nallasopara (East) and Dr. Jyoti Rathi, HOD and Associate Professor, Dept. of Sanskrit Samhita Siddhant, S.N.K.D. Trust’s Nallasopara Ayurved medical College, Nallasopara (East). The lecture was started with prayer. An activity was conducted i.e., conversation in Sanskrit. The entire batch of 60 students were grouped into 10. Each group presented their conversation on various topics like conversation between students and teachers, conversation between friend’s groups, conversation between office employees, movie dialogues in Sanskrit, advertisement in Sanskrit etc. Session was very entertaining.
From 11am-1pm: Lecture from eminent person in ASU- Guest speaker for the session was respected Dr. Anil Kumar Shukla, Professor and HOD, Dept. of Dravyaguna, Man Sarovar Ayurved Medical College & Hospital, Bhopal, MP. Under the heading Lecture by eminent person of ASU, sir guided students on topic- "Medicinal Plants-from the field to the finished product". With his very nice power point presentation sir informed students about status of various medicinal system in India, India’s strength of medicinal plants, details of statistics related to known medicinal plants, AYUSH manufacturing Units in India and worldwide. Status of Indian medicinal plant in global market and mission 2020 etc explained to students very strategically.
From 9am-10am: **Discussion, debate, Task:** This session was coordinated by Dr. Swati Bhingare, HOD & Associate Professor, Dept. of Rachana Sharir and Dr. Jyoti Rathi, HOD and Associate Professor, Dept. of Sanskrit Samhita Siddhant, S.N.K.D. Trust’s Nallasopara Ayurved medical College, and Hospital Nallasopara (East). The entire batch of 60 students were grouped into 3 groups. 1-15 students were encouraged to discuss on the topic similarities and differences of ASU system of medicine. Students with 16-45 roll numbers were encouraged to participate in Debate. Topics given were Contemporary VS Alternative system of medicine, in current pandemic examination should be conducted or not, Online classroom Vs Physical classrooms. Students with 46-60 roll number students were encourage to present an act, they have to assume that they are Vagbhat, any bone and Prakruti. Students participated very enthusiastically.
From 3pm- 4pm:
**Motivational Speech by eminent person of ASU:** Guest speaker for the session was respected Dr. Mangesh Deshpande, Ayurvedic consultant and Director, Arthoved Hospital, Dombivali. With his spectacular presentation sir motivated students to recite the sutra of Ayurved Samhita which is the foundation of diagnosis of the disease. Sir guided them about the Ayurved hospital set up. Qualities of Vaidya, upasthata etc explained very nicely. The lecture was very motivating.