From 9 am- 10 am:
Language (Vadatu Sanskritam): The session was coordinated by Dr. Jyoti Rathi, HOD and Associate Professor, Dept. of Sanskrit Samhita Siddhant, S.N.K.D. Trust’s Nallasopara Ayurved medical College, Nallasopara (East). The lecture started with prayer. Madadm with her very attractive power Point presentation explained विभक्ति & कारक- प्रथमा विभक्तिः (कर्ताकारक)& द्वितीया विभक्ति (कर्मकारक) to students. Students were asked to make sentences. The session was followed by question answer session.
From 10 am – 11 am:

Clinical Exposure: The session is conducted by Dr. Manish Kumar Yadav, HOD & Associate Professor, Dept. of Rognidan and Vikruti Vidnyan, S.N.K.D.Trust’s Nallasopara Ayurved Medical College and Hospital, Nallasopara (East). The lecture started with modern and ayurvedic methods of clinical examinations like inspection (Darshan), palpation (Sparshan), percussion, auscultation and History taking (Prashna), followed by pictorial presentation of General examinations and systemic examinations in brief.
From 11 am – 12 pm
Role and impact of physician in the society: This session was conducted by Dr. Sarita Pramod Pasi, HOD and Associate professor, Dept. of Ras-shastra and Bhaishajya Kalpana, S.N.K.D.Trust’s Nallasopara Ayurved Medical College and Hospital, Nallasopara (East). Madam in her Power Point presentation defined who is called as Doctor and counselled them that they should gain extensive knowledge in the domain of medical as well as Ayurved Shashtra. Also make them aware about their responsibilities by giving very appropriate examples.
From 12 pm - 1 pm:
**Basics of Prakriti Pareeksha:** The session was conducted by Dr. Sulbha Bhosale, H.O.D. and Professor, Dept. of Kriya Sharir, S.N.K.D. Trust’s Nallasopara Ayurved medical College, Nallasopara (East). With interactive teaching method madam explained to the students about the characteristics features of Vāat, Pitta and Kapha Prakruti...Anukatva, importance and applied aspect of Prakruti Parikshan.

From 2 pm – 4 pm:
**Skill- Basic life support (BSL) and First Aid:** The guest speakers for this session were Ms. Sumaiya Raghavan- Operations head and Mr. Anand Shrivastav- Project Director, the team from iCARE Holy Family hospital, Mumbai. The training was so interactive and comprised of: 1. Recognising Cardiac arrest, 2. Learning how to perform CPR, 3. Using the AED (Shock machine). They demonstrated each step on the dummy human model. They trained students through online google platform and encourage students to perform the practical and students enjoyed the session very much.
STEP 1
RECOGNISE CARDIAC ARREST

IF YES
IF NO

DO NOT PERFORM CARDIAC MASSAGE
PROCEED WITH STEPS 2 (CALL FOR HELP)

IF NO

TAP BOTH SHOULDERS FOR RESPONSE
CHECK IF THE VICTIM IS BREATHING

Meeting details

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