From 9am- 10 am:
Understanding interpersonal relationship in a health care team: The session was coordinated by Dr. Jyoti Rathi, HOD and Associate Professor, Dept. of Sanskrit Samhita Siddhant, S.N.K.D. Trust’s Nallasopara Ayurved medical College, Nallasopara (East). What is interpersonal relationship and why does it matter in healthcare was explained. What is health care team, types of interpersonal relationship, the characteristics healthcare teams, classic Group Process etc. topics were covered.
From 10am – 11am:
Understanding the role of Mentoring: This session was conducted by Dr. Sarita Pramod Pasi, HOD and Associate professor, Dept. of Ras-shastra and Bhaishajya Kalpana, S.N.K.D. Trust’s Nallasopara Ayurved Medical College and Hospital, Nallasopara (East). Madam explained the ancient Guru Shishya parampara with relevant examples. Mentor mentee relationship, their duties and its importance in education system etc topics were covered with beautiful real-life stories of some leaders like Vivekananda and his mentor Ramakrishna.
From 11 am – 1pm:

Comprehend the learning Pedagogy and the role in learning skills: The speaker for the lecture was Dr. Swati Bhyingare, HOD & Associate Professor, Dept. of Rachana Sharir, S.N.K.D. Trust’s Nallasopara Ayurved medical College, Nallasopara (East). In this session what is pedagogy? history, what is PCK? effective pedagogical educational plan, four core learning profile etc were discussed. Students also made aware of andragogy and motivated for self-learning. The behavioural, cognitive and constructive development of learning was explained.
From 2 pm – 3 pm:

**Understanding the process of group learning and group dynamics:** The session was coordinated by Dr. Jyoti Rathi, HOD and Associate Professor, Dept. of Sanskrit Samhita Siddhant, S.N.K.D. Trust’s Nallasopara Ayurved medical College, Nallasopara (East). In first half of the session: Concept of group dynamics, what is group, types of groups, Group structure, Group norms Stages of group formation were explained. Second half of the session, entire batch of 60 students were divided into 6 groups, 10 students in each group. Each group were asked to present the brief of all the sessions of Transitional curriculum. Students responded enthusiastically.
From 3 pm – 4pm:

**Understanding different methods of self-learning and collaborative learning:** The speaker for the lecture was Dr. Swati Bhingare, HOD & Associate Professor, Dept. of Rachana Sharir, S.N.K.D. Trust’s Nallasopara Ayurved medical College, Nallasopara (East). Self-learning and collaborative learning module with its advantage and dis-advantage were explained to students. Difference between collaborative and cooperative learning was explained with simple examples. Shorter and larger collaborative project criterion were explained to students.